

BOOKINGS

Payment is by cash or cheque payable to Sevenoaks Town Council. Places can be booked over the phone, online or via post however a space can only be guaranteed with payment.

BREAK TIMES

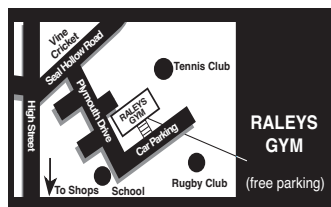
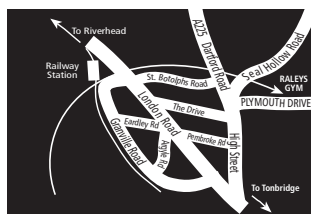
Children will need to bring their own snacks due to allergies etc. There is a water machine on site with disposable cups.

CANCELLATIONS

We regret that in the event of a course failing to reach a viable number of bookings, the gym reserve the right to cancel the course and full payment will be refunded.

Plymouth Drive, Sevenoaks, Kent TN13 3RP
Telephone: SACHA or SERENA on 01732 458614

HOW TO FIND US:



Community Centre Map



SUMMER HOLIDAY COURSES 2010

Netball

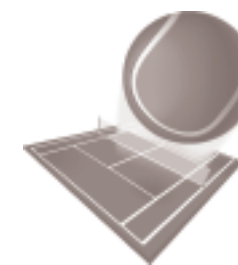
Judo

Gymnastics

Mini Tennis

Pre School Gym

Gym Tots



Plymouth Drive, Sevenoaks, Kent TN13 3RP
Telephone: 01732 458614

RALEYS GYM SUMMER HOLIDAY COURSE 2010

ACTIVITIES INCLUDE: -

MINI TENNIS (Tennis in miniature)

An easy way to pick up early skills for tennis, covering all basic strokes.
Price: £20 per session

GYMNASTICS

Recreational gymnastics for beginners and gymnasts with experience.
Price: £20 per session or £50 for 3 sessions

PRE-SCHOOL GYMNASTICS

Recreational gymnastics for boys and girls aged 3 & 4 years in the form of structured classes to promote group participation and self-motivation. Children are taught basic gymnastics skills on floor and apparatus in a non-competitive atmosphere and where the emphasis is on enjoyment.

Price - Free

GYM TOTS

Informal recreational gymnastics sessions, aiming to build confidence, co-ordination and general body awareness. Familiarisation of basic gym equipment with parent and toddlers working together in a safe environment under the guidance of a qualified instructor.

Price - Free

JUDO

A recreational fun sport, an art, a discipline, a means of self-defence - judo is all of these things and more! Beginners to advanced welcome.

Price - For 1 hour £6

NETBALL

A fun filled netball session practicing skills, drills and matches! Netball will be held at the community centre address: Otford Road, Sevenoaks TN14 5DN

Sessions run by Qualified Coaches: Serena Philpott & Alison Miller

PLEASE CALL SERENA 07803 011911 FOR BOOKING ENQUIRIES OR RALEYS GYM 01732 458614

Price - £10 per session

TIME TABLE 2ND AUGUST - 6TH AUGUST 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	COURSE - GYMNASTICS SESSION 9.30-12.30 AGE 5-10 YRS	COURSE - GYMNASTICS SESSION 9.30-12.30 AGE 5-10 YRS	COURSE - GYMNASTICS SESSION 9.30-12.30 AGE 5-10 YRS	COURSE - GYM TOTS SESSION 10.15-11.00 AGE 1-3 YEARS
				PRE SCHOOL GYMNASTICS SESSION 11.00-11.45 AGE 3-4 YRS
COURSE - TENNIS SESSION 1.00-3.30 AGE 4-8 YRS	COURSE - TENNIS SESSION 1.00-3.30 AGE 4-8 YRS	COURSE - TENNIS SESSION 1.00-3.30 AGE 4-8 YRS	COURSE - TENNIS SESSION 1.00-3.30 AGE 4-8 YRS	COURSE - JUDO SESSIONS 1.00-4.00 AGE - 5 YRS UPWARDS

CHILDREN ARE WELCOME TO DO ALL DAY TUESDAY TO THURSDAY

NETBALL ON 6th AND 13th AUGUST BASED AT SEVENOAKS COMMUNITY CENTRE

COURSE	DATE & TIME
NETBALL FOR JUNIORS	6th AUGUST 10AM-1PM
NETBALL FOR SENIORS	6th AUGUST 2PM-5PM
NETBALL FOR JUNIORS	13th AUGUST 10AM-1PM
NET BALL FOR SENIORS	13th AUGUST 2PM-5PM