



Sevenoaks Suns Basketball Club

Contact person

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Main activity

Basketball clubs for boys and girls Under 10 to adult men's and women's teams.

Who is welcome or qualified to join?

Beginners

Experienced

Under 12's

Under 18's

Women only

Men only

What is the route for a new starter?

Free taster session

How can new members engage and try?

Basketball sessions provided for local primary and secondary schools.

Monday - Leigh Academy, Tonbridge: 5:30 (U10), 6:30 (U12), 7:30 (U14/16) - boys.

Tuesday - Tunbridge Wells Grammar School for Boys: 6:00-7:30pm - girls only.
Friday - Sevenoaks School - 5:30pm - 9pm - training sessions for different teams.

Costs

Free taster sessions. Offer of free basketball sessions for local comprehensive schools. Annual cost for membership for those wanting to join team. No set price as we offer many different opportunities. Some players will pay for a season or just a term. Also, depending on the location of their training sessions and how many times that attend training per week.

If you offer support for low income families please give an outline

Yes, we offer discount to low income families based on a needs assessment.

We offer.....

Coaching sessions for boys and girls from 8 years up to Under 16 Girls, and Under 18's boys, plus Men's teams. We have previously offered women's teams also, and would consider doing so if enough interest were available. We also offer basketball sessions in Primary and Secondary Schools whether part of the curriculum or as an ECA.

What do new members need to bring?

Athletic sports wear, basketball trainers, drink.

What do new members gain in the first 8-12 weeks

Learn basics safely
Confidence
Improvement in fitness/conditioning
Improvement in mobility/balance
Improvement in memory
New friends
New skills
A pathway to joining a team
Family friendly activities

What is the club trying to achieve?

A gain in beginner participation
Supporting local health & wellbeing
Increased participation by girls and women
Developing youth talent opportunities
Strengthening volunteering/coaching
Keeping costs accessible

Community

Our games are great social events for players and parents to build relationships with each other. Warm and friendly community.