

Outdoor Gym

Sevenoaks Town Council - Option 1



5
New items



10
No. of users



25
Exercises



GREATNESS RECREATION PARK OUTDOOR GYM encourages users to come together and use the proposed gym equipment regardless of age or ability, encouraging the community to grow and develop together at a destination that all the family and friends can enjoy.

KOMPAN®

All items include instruction signs and unique QR codes

Combi 1 ○

Leg lift & pull up ○

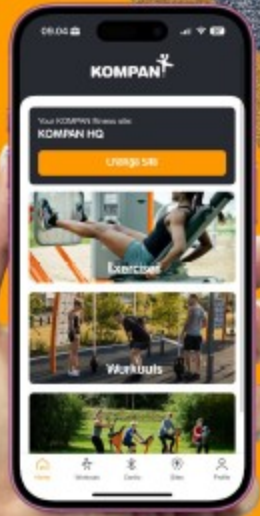
Free runner ○

Hand holds for accessibility

Bike ○

Inclusive double chest press ○

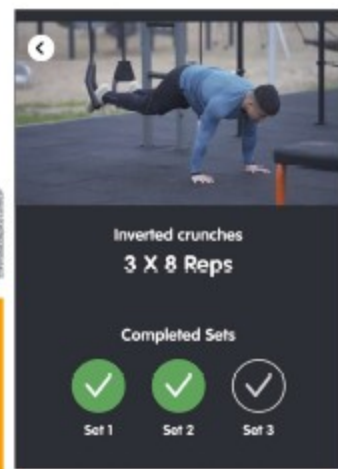
**CARDIO
CALISTHENICS
STRENGTH TRAINING
RESISTANCE TRAINING**



Use the free app to create your own workout

Wow! 10 levels of resistance for varied abilities

Wheelchair accessible pathway



TO FIND OUT MORE ON HOW THE APP WORKS SCAN HERE!



- LIFETIME* WARRANTY**
- Galvanised structured parts
 - Steel posts
 - Cross Beams
 - Floor frames
 - Top brackets
 - Stainless steel hardware
 - EcoCore and other HDPE Panels
- *Lifetime of the product until the product is uninstalled or taken out of use

FITNESS FOR ALL