

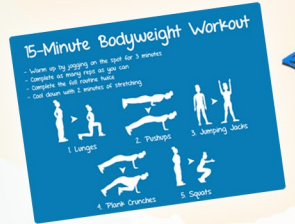
Greatness Recreation Ground Gym Sevenoaks Town Council



6/96932 Iss 1 - Date 23/02/2026 - D2 - This is an artists illustration only refer to masterplan for full site details



6. Two Wheel Spinner

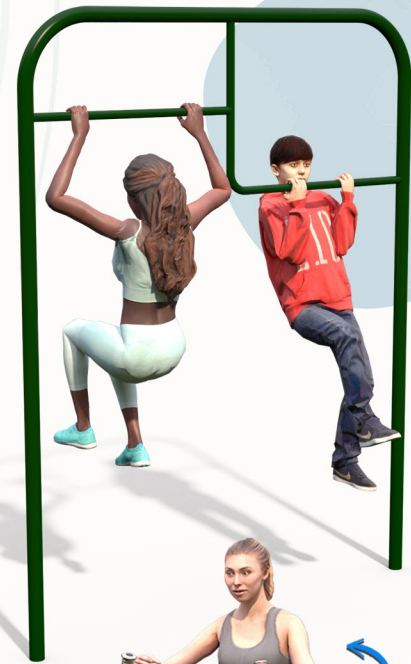


8. Yoga Workout Sign (or similar)



9. Instruction Sign
Please Note: The sign will be specific for your site

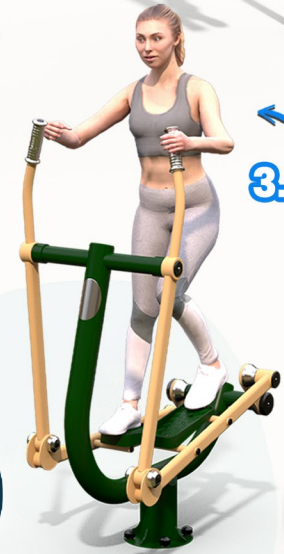
4. Pull Up Bar



2. Cycle Bike



3. Skier



7. Sit Up Bench



INCLUSIVE DESIGN!
Our outdoor gyms are made for everyone. Thoughtfully designed for an inclusive workout, access, and shared enjoyment.

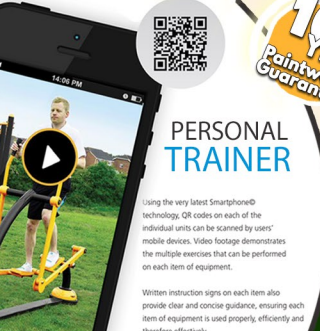


1. Inclusive Hand Bike

READILY AVAILABLE
Spare Parts in 3-10 days!

LIFETIME
Metal Structure Guarantee

10 YEAR
Paintwork Guarantee!



PERSONAL TRAINER

Using the very latest Smartphone® technology, QR codes on each of the individual units can be scanned by users' mobile devices. Video footage demonstrates the multiple exercises that can be performed on each item of equipment.

Written instruction signs on each item also provide clear and concise guidance, ensuring each item of equipment is used properly, efficiently and therefore effectively.

All of our FLZ Equipment contains an information sign, about how to use the equipment and what it is for!



Regular exercise is very important to everyone, regardless of age, experience and physical ability, and our range of outdoor gym and fitness equipment has been specially designed with this mind to cater to a wide range of abilities. Outdoor exercise is known to be extra beneficial and provides enhanced feelings of revitalisation and increasing energy levels, and our inspirational range of outdoor fitness equipment is suitable for the complete novice right through to the experienced athlete.



CIRCUIT TRAINING
Circuit training is an ideal format for improving your endurance across a range of exercises.

TRAIN TOGETHER
Exercising alone can be fast and fulfilling. Training with others can help you train better for longer.

VARIETY
This site offers a unique range of fitness solutions that accommodate a full body workout for a broad spectrum of ages and abilities.

EN16630

Our Fitness Legacy Zone (FLZ) Outdoor Fitness Equipment range has been successfully tested and independently certified to the new European Standard for Outdoor Adult Fitness Equipment EN 16630:2015

- CARDIOVASCULAR
- BALANCE
- STRENGTH
- CO-ORDINATION
- TONING
- GENERAL FITNESS
- FLEXIBILITY
- INCLUSIVE

