



Dance Expressions

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Main activity
Ballroom and Latin American Dancing

Who is welcome or qualified to join?
Everyone from aged 3 to 103, from complete beginners to advanced competitors

What is the route for a new starter?

For Adults we run a Beginners 8 week course.
For Children, just turn up to the class suitable for your age

How can new members engage and try?

We offer 8 week Beginner courses of one hour. Intermediate and Advanced classes are on Monday & Tuesday evenings for Adults. Private lessons are available for everyone at any level. Children's classes are on Saturday mornings and are pay as you go.

Costs

Adult Beginner courses cost £90 for 8 weeks. Other Adult classes cost £11.50. Children's classes vary in cost depending on the length of the class and range from £5 to £10.

What do new members need to bring?

No need to bring anything but wear comfortable clothing and shoes

What do new members gain in the first 8-12 weeks

Learn your first basic dance steps in a fun, social and safe environment. Gain confidence and also improve your fitness

What is the club trying to achieve?

Giving everyone the opportunity to learn to dance even if you have 2 left feet!

Community

Our students are very friendly and support each other whether in a class or at a competition, whether a beginner or an advanced competitor. We run a Social/Practice evening once a month and a Christmas Dance each year.