



## Hollybush Pickleball

Contact person

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Club address

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Email

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Main activity

Pickleball, it's new, it's spreading across the world and it's easy to pick up! Here we Pickle, Dink, Stack, Drive, Switch, Banger, Erne & ATP!

We are running 5x week courses at Hollybush Tennis Centre, however we understand that occasionally something urgent may come up and you can't attend. On these [hopefully occasional] times we will invite you to another session or give you a court credit.

We are running two levels of course - Beginner / Improver Perfect for those new to Pickleball, inexperienced in racket sports, completed one or two courses before and looking to keep improving. 5x weeks for £40.00! Thursday 12-1pm Court 2.

Intermediate course - For those who have either played Pickleball before, completed a few Pickleball courses, or have played other Racquet Sports to a high level. 5x weeks for £40.00! Thursday 1-2pm Court 2.

Do you already play Pickleball games? Would you like to be part of our Pickleball Play community? We have a group of players who organise games up at Hollybush TC, dink us an email at [tennisacademybookings@gmail.com](mailto:tennisacademybookings@gmail.com) for more info

Who is welcome or qualified to join?

Beginners
Experienced
Over 55's

What is the route for a new starter?

Introductory course
Buddy/bring a friend
1-1 introduction

How can new members engage and try?

Contact us at [tennisacademybookings@gmail.com](mailto:tennisacademybookings@gmail.com)

Costs

Costs range from introduction courses to private lessons, contact us via email for details. [Tennisacademybookings@gmail.com](mailto:Tennisacademybookings@gmail.com)

We offer...

Currently we have a community of about 60 people but it is growing all the time.

What do new members need to bring?

Trainers are essential, other than that we are pretty much prepared for you.

Pickleball Padel: We have three levels of padel available.

1. Basic learning aid wooden padels, free to borrow.
2. Pro Kennex Strike padels, £5.00 hire charge per lesson.
3. 20% discount off of selected Pro Kennex PB padels at The Racquet Academy Pro Shop in Otford.

What do new members gain in the first 8-12 weeks

Learn basics safely
Confidence
Improvement in fitness/conditioning
Improvement in mobility/balance
New friends
New skills
A pathway to joining a team

What is your club trying to achieve?

A gain in beginner participation

Supporting local health & wellbeing

Increased participation by girls and women

Expansion of inclusive/adaptive participation

Strengthening volunteering/coaching

Community

We are based in Hollybush Tennis Centre, in Hollybush park, very close to Hollybush Cafe.