



MX Fencing Club

Main contact person

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Club address

We train at Sevenoaks Preparatory School, Godden Green, TN15 0JU

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Main activity

Sabre Fencing, both recreational and competitive. We offer 1-hour children's sessions (9 years and up) twice a week and 2-hour adult sessions (approx. 13 years & up) three times a week.

Who is welcome or qualified to join?

Beginners

Experienced

Under 12's

Under 18's

Over 55's

What is the route for a new starter?

Introductory course

How can new members engage and try?

All new members without fencing experience need to sign up for our introductory sessions which are usually held on Wednesday evenings from 6:30-7:30 when there is enough interest. Please send an email to findoutmoremx@gmail.com to register interest.

Costs

Introductory sessions cost £20 and give the basics needed to join the club. Children's fencing classes (age 9-13) cost £110 per term, Teen/adult sessions are £125 per term (discounts for more than one night and for more than one member of the same family). £15 per session to come on an ad-hoc basis. We aim to make fencing as inclusive as possible and can offer discounts to those who would otherwise not be able to fence. All kit for our intro session is provided free of charge. We also loan out kit for the first term (adult beginners) or the first two terms (children's class) to all participants. Ongoing rental may be available and a continuation of the loan is available to those who would otherwise struggle with the costs.

If you offer support for low income families please give an outline

We can discount fees for fencers who qualify for free school lunches or competition fee waivers. We can also offer individual fee discounts to anyone who would otherwise struggle with fees - upon request. It is important to us as a club to keep fencing, often only available at fee paying schools, accessible to a wide audience.

We offer...

1:1 or small group introductory courses to the sport; fun and engaging junior classes; sociable and competitive senior sessions; 1:1 coaching time for targeted development; Competition coaching. Access to a supportive and involved club community.

What do new members need to bring?

Clothing they can move in, long socks and a water bottle. For the kids' session, long trousers or leggings (that are easy to move in) are required as well as breeches are not issued. Once issued, fencing kit will also need to be brought to sessions.

What do new members gain in the first 8-12 weeks

Learn basics safely
Confidence
Improvement in fitness/conditioning
Improvement in mobility/balance
New friends
New skills

What is the club trying to achieve?

A gain in beginner participation
Supporting local health & wellbeing
Increased participation by girls and women
Expansion of inclusive/adaptive participation
Developing youth talent opportunities
Strengthening volunteering/coaching
Keeping costs accessible

Community

Our usual venue has a balcony seating area for spectators. Fencing itself is a very social sport where members chat to each other and referee other people's matches. During the two-hour session parents often go out to exchange information on the sport and get to know one another.